

# PRIOR AUTHORIZATION CRITERIA

<b>DRUG CLASS</b>	<b>INSOMNIA AGENTS</b>
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<b>BRAND NAME</b> (generic)	
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	<b>BELSOMRA</b> (suvorexant)
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	<b>DAYVIGO</b> (lemborexant)
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**Status: CVS Caremark Criteria**

**Type: Initial Prior Authorization**

## POLICY

### FDA-APPROVED INDICATIONS

#### **Belsomra**

Belsomra (suvorexant) is indicated for the treatment of insomnia characterized by difficulties with sleep onset and/or sleep maintenance.

#### **Dayvigo**

Dayvigo (lemborexant) is indicated for the treatment of adult patients with insomnia, characterized by difficulties with sleep onset and/or sleep maintenance.

### COVERAGE CRITERIA

The requested drug will be covered with prior authorization when the following criteria are met:

- The requested drug is being prescribed for the treatment of insomnia characterized by difficulties with sleep onset and/or sleep maintenance  
**AND**
- Potential factors contributing to sleep disturbances have been addressed (e.g., inappropriate sleep hygiene and sleep environment issues) as well as treatable medical/psychiatric disorders that are co-morbid with insomnia  
**AND**
- If the patient is less than 65 years of age, the patient experienced an inadequate treatment response, intolerance or contraindication to a generic non-benzodiazepine sedative-hypnotic (e.g., eszopiclone, zaleplon, zolpidem) OR a short/intermediate-acting benzodiazepine (e.g., temazepam, triazolam)

Quantity Limits apply.

30 tablets/month

### REFERENCES

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13. The American Geriatrics Society 2019 Beers Criteria Update Expert Panel. American Geriatrics Society 2019 Updated AGS Beers Criteria for Potentially Inappropriate Medication Use in Older Adults. American Geriatrics Society. 2019.
14. Dayvigo [package insert]. Woodcliff Lake, NJ: Eisai; December 2019.